



Richmond Training Center  
 1606 Crabb River Rd.  
 Richmond Tx, 77469



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
9 AM	Closed	Fitness	Fitness	Fitness	Closed	Fitness	Closed	
10 AM	Available for Private Lessons	Adult Gracie Jiu Jitsu Fundamentals	Adult Gracie Jiu Jitsu Fundamentals	Adult Gracie Jiu Jitsu Fundamentals	Available for Private Lessons	Jeet Kune Do (JKD)	Jeet Kune Do (JKD)	
11 AM		Adult Advanced Gracie Jiu Jitsu	Adult Advanced Gracie Jiu Jitsu	Adult Advanced Gracie Jiu Jitsu		Yin Yoga		
12 PM		Available for Private Lessons	Available for Private Lessons	Available for Private Lessons		Available for Private Lessons	Open Mat	Available for Private Lessons
1 PM								
2 PM								
3 PM	Available for Private Lessons	Available for Private Lessons	Available for Private Lessons	Available for Private Lessons	Available for Private Lessons	Available for Private Lessons		
4 PM								
5 PM	Kids Jiu Jitsu/Self-Defense	Kids Jiu Jitsu/Self-Defense	Kids Jiu Jitsu/Self-Defense	Kids Jiu Jitsu/Self-Defense	Kids Open Mat	Available for Private Lessons	Available for Private Lessons	
6 PM	Fitness	Fitness	Fitness	Kickboxing	Fitness			
7 PM	Adult Gracie Jiu Jitsu Fundamentals	Adult Gracie Jiu Jitsu Fundamentals	Adult Gracie Jiu Jitsu Fundamentals	Yoga	Open Mat			
8 PM	Adult Advanced Gracie Jiu Jitsu	Adult Advanced Gracie Jiu Jitsu	Adult Advanced Gracie Jiu Jitsu	Closed				

Drop in fee - \$30

Follow us on Facebook and Instagram

Private Lessons - \$100/hour or \$65/half hour